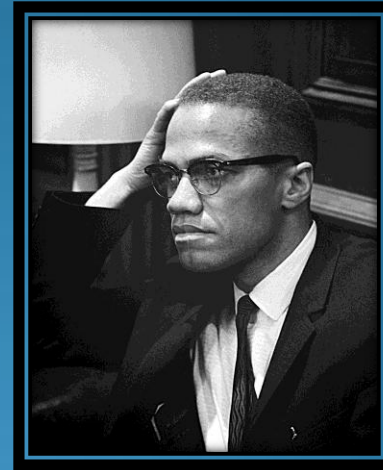


# Healing begins with Fathers

“Hope is in your hands



**Nicole Randolph**  
**AUCE Consulting**  
6/23/2011

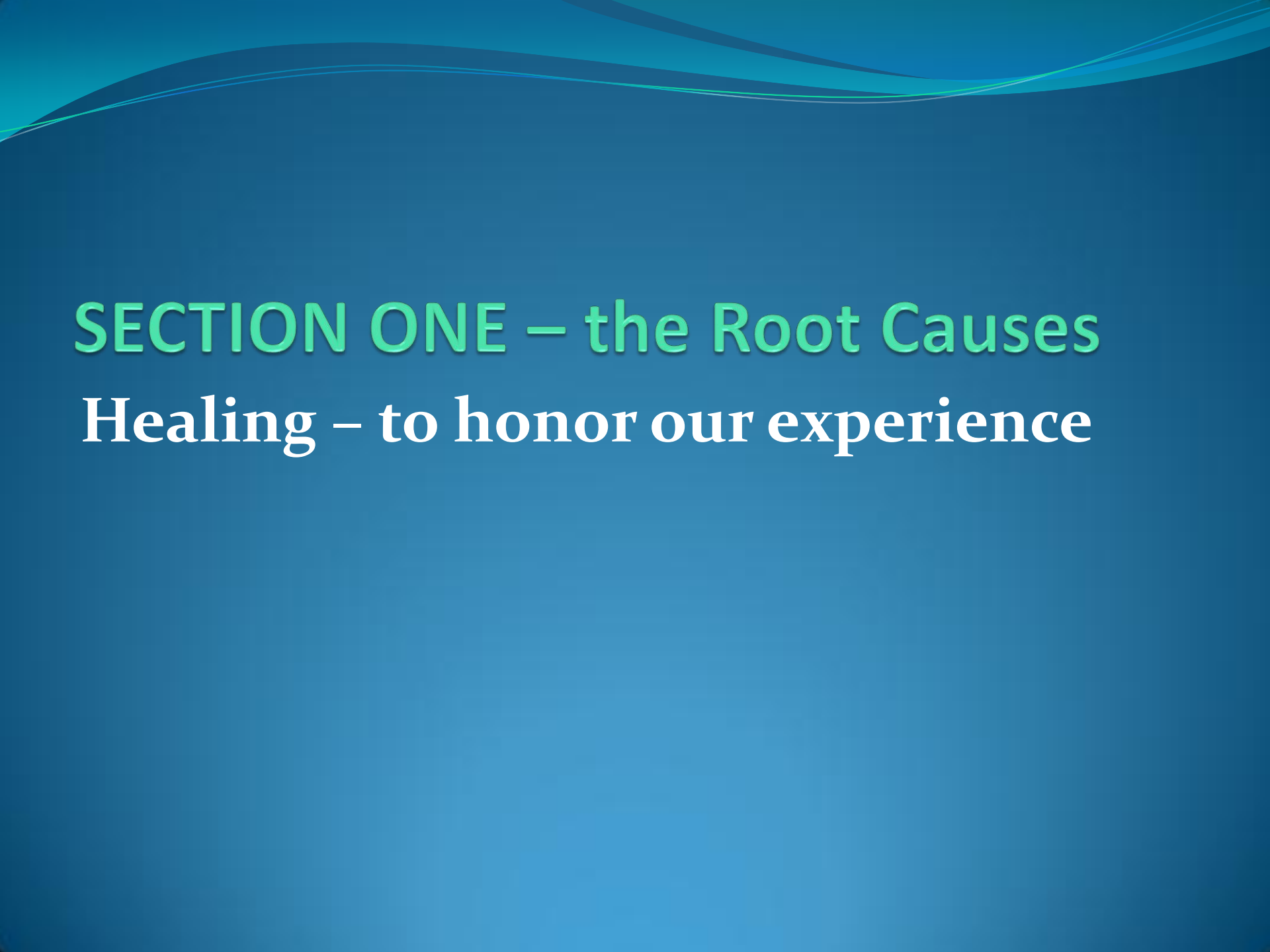
# Hotep, Who's in the Village?

- Please answer the following questions
  - Name
  - Where are you from?



# Purpose

- How can we encourage fathers and men to move their families beyond the deficit model to heal and help their children to become successful.
  - The Root Causes - Trauma, Crisis and Barriers
  - The Re Rooting – Honor our experience and Reposition ourselves and children
  - New soil– Doing the work which is a Hands on Application



**SECTION ONE – the Root Causes**  
**Healing – to honor our experience**

# Focus

- **The Mission** of the conferences are to offer an alternative way of thinking about community building by addressing intergenerational pain and trauma that act as barriers to healing, collaboration, sustainable change and community empowerment.
- **Our Vision** to see the African American community become empowered “**from inside out**” versus “**the outside in**”.
- **The Theme** for the 2011 conference is Wellness and Accountability.

# Trauma

- National Center for Children in Poverty
  - Trauma is pervasive among children, youth, and families in the United States, particularly for children and youth involved in public systems.
- The National Child Traumatic Stress Network
  - Ways we experience Trauma
  - Children may experience trauma as victims, witnesses, or perpetrators.
  - The term *complex trauma* describes the problem of children's exposure to multiple or prolonged traumatic events and the impact of this exposure on their development

# Trauma's Impact on the mental health of children

- Trauma can result in long- and short-term problems. Research suggests that these can include physical and emotional health conditions and put those exposed to trauma at increased risk for chronic ill health and premature death.
- 1 For children and youth, in addition to health problems, other consequences of trauma include difficulties with learning, ongoing behavior problems, impaired relationships and poor social and emotional competence.
- 2 Children and youth exposed to trauma, especially violence, experience more learning and academic difficulties and behavioral and mood-related problems.
- 3 Research also shows that the younger children are when they experience trauma, the more vulnerable they are to its effects on brain development. (National Center for Children of Poverty)

# Re Framing our thoughts





# SECTION two – the Re rooting

HOPE – to believe we can create  
change for ourselves

# The Roots

- When the Black man suffers, everybody in the family and community suffers tenfold. It's been said that men are responsible to cultivate hope.



# Opportunity for Reflection

- Share ONE school experience
  - Positive memory
  - Negative experience

# Learning Styles

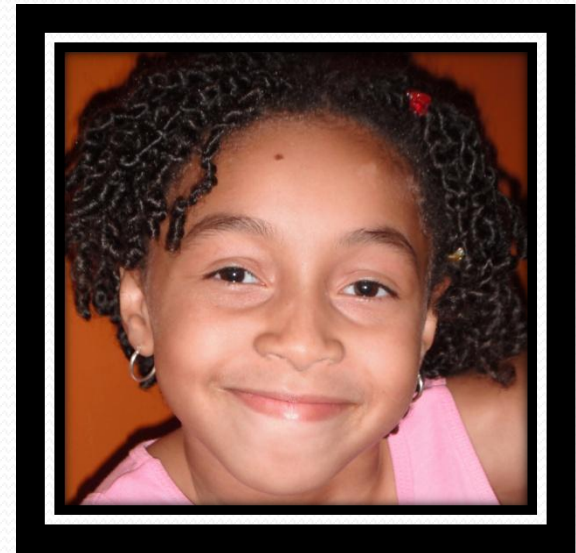
## Listen and Observe



- Visual – by seeing
- Auditory – through hearing
- Kinesthetic - by doing
- Tactile –through experience

# Ways Black Children Learn

- According to Boykin (1983)
  - Spirituality
  - Harmony
  - Movement/Rhythmic
  - Affect/Emotional cues
  - Communalism
  - Orality
  - Social Time



# Basic adolescent needs

- Adapted from: Konopka, G (1973)
  - Safety and structure
  - Active participation and membership
  - Self discovery and independence
  - Quality relationships with peers and at least one adult
  - Process values and develop their own
  - Feel confident and develop competence
  - Build efficacy and believe success is attainable

# Section three – New Soil

**HANDS – to commit acts towards  
progress**

# Achievement Gaps Suggests

- Early Childhood Attendance Required
- Reading at Grade Level by Second Grade
- Incarceration Plans and Rates
- Testing and Data
- 50% High School Graduation Rate
- SAT Test Bias or not
- College Access and Presents of African American Males



# Ways to Eliminate the Achievement Gap

- Foster
- Access
- Create Study Groups
- Enrichment

# Fathers Make the Difference

- A father's interest and involvement in his child's life at school, when added to that of the mother, packs a powerful one-two punch in that child's favor, concludes a new study by Brent McBride, a University of Illinois professor of human development and family studies.
- The study also found that father involvement lessens the impact of growing up in a low-income home or poor neighborhood or attending a school that has few resources.
- Other interesting findings were that black fathers, biological fathers, and fathers of boys tend to be more involved with their children's education. "We weren't really expecting to find differences in communication patterns based on race and ethnicity, but if African American fathers already have this relationship, schools should be building on that to make it even stronger," he said.

# Schools can partner with fathers

- J. Epstein's Six Types of Parent Involvement



# 8 Questions Fathers should ask Teachers

- Is my child at grade level in reading, math and science?
- What skills will my child learn this year?
- How do you support different learning styles?
- How do you evaluate students progress?
- What is your classroom management style?
- How can I become a volunteer at school?
- How can I support learning at home?
- What is the best way to communicate with you?

# Resources

- Local
  - Minnesota Fathers & Family Network  
[www.mnfathers.org](http://www.mnfathers.org)
  - Fathers and Children Together  
[www.fathersandchildrentogether.org](http://www.fathersandchildrentogether.org)
  - Resource Center for Fathers & Families  
[www.resourcesforfathers.org](http://www.resourcesforfathers.org)
- National
  - [Father's Clearing House](#)

Original Poem by Autumn  
Reign

**HOTEP, “MAKE  
PEACE, BE  
SATISFIED IN  
PEACE”**



**The Black Man's Hands**