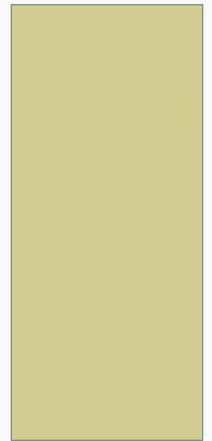




# CREATING FAMILY HARMONIUM

UNDERSTANDING THE CULTURAL SIGNIFICANCE OF  
THE MOTHER, FATHER AND CHILD RELATIONSHIP



# WHAT IS TEZET?

**Tezet** (*means*) - Self as a reflection of the Creator/  
Creation.

TEZET (who we are) allows us to see ourselves as a part of creation. However, the intent and purpose of the sight is to show us that we are creators. Creators, created in the image of Creation.

# MISSION

Tezet's mission is to help others discover their truest responsibilities. We support others in seeing the depth of their skills and talents; in order to to the best of their ability. Our goal is to assist humans in discovering their reflection; so others can see creation in themselves.

# VISION

TEZET is built on the belief that communities possess innate resources to transform themselves. Through renewing commitments to family and community, people can invest in their own human potential and improve health. Families, individuals, and communities have an inherent ability to reestablish an accurate social, emotional, and psychological image of self that promotes cultural harmony and spiritual balance.

TEZET is centered on the principles of understanding self as a means of communal and familial growth, leading to transformation through the development of healthy relationships and rituals. Tezet provides opportunities for developing clear visions of self and realistic views of communal surroundings.

# GOAL TODAY

- Discuss the importance of the family structure culturally;
  - Mother Father Child Configuration
- Layout the concepts related to roles, positions and relational understanding
  - Provide theory for the information given as a means to increase communal responsibility and individual behavioral health change.

# CREATING FAMILY HARMONIUM

- What is harmonium (harmony)?
  - Synonyms
    - concord, unity, peace, amity, friendship.
    - consonance, conformity, correspondence, consistency.
  - To Reflect Peace
    - The creation of peace in how we love ourselves and each other (love)
      - We are showing how we love
    - The creation of peace in how we see ourselves (individually and as a family)
      - We are learning how we love
    - Learn to care for body (creates physical peace)
      - We learn to love our bodies

# STAGES OF LIVING IN HARMONIUM

- Becoming Peaceful
  - The realization of consciousness
- Being Peaceful
  - Living internationally Conscious
- Be Peaceful
  - Living Consciously without effort

# STAGES OF LIVING IN HARMONIUM

- Five stage of Harmonium
  - Understanding peace
  - Intentionality peace making
  - Acceptance of peace
  - Become Adaptive towards cultural ways of peace
  - Discovery of peace (inside and outside of self)



# STAGES OF HARMONIUM

- Understanding (Peace/Patience)
  - Each person is in their own process
    - We see how others are trying to be in peace with you
    - We look for growth in your own understanding of peace as a personal reality
- Intentionality
  - Each person has the ability to choose peace
    - We see how our choices impact our lives and the lives of those closest to us
    - We are either creating heaven or hell in our lives

# STAGES OF HARMONIUM

- Acceptance of Peace
  - Each person must accept their role
  - Each person must take ownership of their actions
  - Each person accepts the actions and the reactions of their behaviors
- Adaptability
  - Each person sees how to use their gifts to create the best outcome for self and other
  - Each person should be willing to learn to work together and creatively

# STAGES OF HARMONIUM

- Discovery
  - Each person is actively seeking growth in themselves.
  - Each person is looking for ways to increase peace in their lives
  - Each person is committed to loving themselves
  - Each person is willing to concede in the hope for peace

# BEING HARMONIUM

- Being Harmonium (Peace) means,
  - Doing what we are called (vocational) to do.
  - Showing we are authentic
  - We are in a continually present with reflecting our truest form
  - We open ourselves to the possibility of living in peace with others;
    - we begin to complement one another.
  - Living with understanding that nothing can stop love from loving in, on and through us. (you can't stop love)

# FAMILY

- Self Study (community based research)
  - Look at self and identify your roles
    - Formal and non-formal ways of being
      - Mother – Spirit of Harmonium
      - Father – Physical Presence of Harmonium
      - Child – Reflection of Family Harmonium
  - Define each role you play in your family
    - How are you mother, father or child
  - Treatment is based on the collective experience we have related to the functionality of each of our roles.
  - Harmonium happens when we can define these roles for ourselves
    - These roles are culturally defined

# SCENARIO

"Jack & Jill" have been married for 3 years. They have no children. Jack's mom recently had surgery & Jack asked his wife if it would be ok for his Mom to live w/ them until she fully recovers, which could be months. Jill said "Yes, of course." A month after her mother-in-law moves in, Jill came home from work & saw an unfamiliar car in front of their house. Jill grabbed the groceries out of the trunk & rang the doorbell because her arms were full. Jack's ex-wife "Karen" opened the door for her, spoke, & went back in the room w/his mom. Jack was in the master bathroom taking a shower.

Jill was upset & felt that Jack, his Mom & Karen disrespected her home by not asking her if it was ok that Karen was there. Jack's mom, stated that Karen is also her friend & wasn't aware that she couldn't have her friends come over. She said she should have gone to a rehab if she knew "Folks would be acting funny 'bout their shyt." Jack sided w/his mom & now there's tension in her household.

How should this situation be resolved? – Stolen from Facebook...anonymous (got permission but didn't want to be known)

QUESTION

ANSWER

# DEDICATION

*Nala you are the first reflection of myself I have shared with the world. Thank you for teaching me to live honestly.*

*Nia you are the fullest potential. Thank you for teaching me to seek out purpose in my walk.*

*Bernice you are the first reflection I discovered. In your becoming I have learned to become. Thank you for sharing life, love and peace with me.*

&

*On my Journey I take with me; prickles, goo, Jesus and Love too*