

**Charles Helm**, received his B.S. from UMN and his M.A. from the University of Maryland. He is a doctoral student in Educational Psychology, Counseling Psychology Program as well as a masters degree seeking student in Educational Policy Administration. Currently, he is an instructor in the University Counseling and Consulting Services department in addition to teaching and undergraduate advising in the Human Resources Development program. Charles has received several honors and awards from UMN and the University of Maryland. He is active in professional and community organizations.

Prior to working in the Department of Organizational Leadership, Policy, and Development, I received a master's degree from the University of Maryland – College Park in Counselor Education. The skills gained allowed me to serve as a career counselor for the College of Education, counselor for individuals with vocational psychiatric needs with ARC, and served as a counselor for juvenile delinquents via Ramsey County's Boy's Totem Town.

"I am interested in how student engagement, personal awareness and exploration advances one's learning. The intersections of these skills greatly influence how we network, our career choices as well as individual management and conflict resolution skills. I am predominantly invested in work which promotes strategies to synthesize the fusion of both personal and vocational aspirations. I am interested in helping learners ask: How can I best serve an organization by using who I am?"